

## COVID-19 Alert Level 2 first aid training

**We want our learners to feel safe and achieve full competency in their first aid education.** As a tertiary education provider, our safe and hygienic learning spaces are being managed in line with the [Ministry of Education guidelines](#).

**New Zealand Red Cross has policies and Alert Level 2 controls in place to protect both clients and staff.** These controls include physical distancing in our buildings, cleaning, sanitisation protocols and health and safety considerations to. All aspects of these controls comply with government requirements and best practise.

**The Ministry of Education has not detailed specific class size limits for education-related gatherings.** Our class capacity is therefore calculated in relation to physical space, to ensure there is sufficient space for students and staff to maintain appropriate physical distancing. Other protocols we have implemented include collecting contact tracing details, amplifying our hygiene regimes, the suspension of rescue breath practical training and removing the need for physical interaction.

**We require anyone who is unwell to stay home and not to attend training or enter our buildings.** Our staff will not enter workspaces if they are unwell, and all learners are required to contact us before their class to reschedule their course.

**Each learner will be required, before the class begins, to acknowledge that they have read and understood our requirements and restrictions of the learning environment.** More information is available for all learners. Contact tracing information will be required from both staff and course participants. Only pre-approved visitors, tradespeople or staff may enter the training room. Their details will also be registered for contact tracing.

**Our aim is to keep personal hygiene a priority as well as operate with an extremely high standard of caution.** This includes complying with health and safety requirements and controls, such as maintaining excellent cleaning processes, physical distancing standards and providing sanitizer for participants and staff.

**Demonstrating CPR is still an essential requirement of our courses.** However, the following policies are in place:

- Adult and adolescent manikins shall be used without clothing, to reduce risk.
- Manikins will not be used for physical mouth to mouth. Breaths will be demonstrated with the word “breath” used, rather than demonstrated.
- Infant manikins will be covered with a disposable cloth or paper towel or be used by a single participant.

- A ratio of one manikin to two students should be adopted. Adult and child manikins to be cleaned and sanitised in between participant use. The same two students will be paired for the duration of the course and should be sitting together while maintaining physical distancing.

If people have questions or concerns about how we are keeping people safe in our classrooms, they are welcome to contact us at [firstaid@redcross.org.nz](mailto:firstaid@redcross.org.nz) or on 0800 RED CROSS (733 276).